



750 Cherry Road
Memphis, TN 38117

Sponsored by



HORSESHOE
TUNICA



Horticultural Therapy Workshop

July 9 & 10, 2015

Healing the Spirit through Horticultural Therapy



Memphis Botanic Garden
750 Cherry Road, Memphis, TN 38117
901-636-4128 • memphisbotanicgarden.com



This workshop is designed for service providers interested in new ways to achieve therapeutic goals and people interested in doing horticultural outreach with special needs populations. Participants will receive an overview of Horticultural Therapy, accessibility and adaptations for special needs, horticultural and botanical craft ideas, and information on how to start and implement a program.



Day 1:

- 7:30 Registration
- 8:00 Welcome, Introductions, Ice Breakers
- 8:30 Introduction to Horticultural Therapy
- 9:00 Benefits of Horticultural Therapy
- 9:30 Implementing a Program
- 10:00 Break
- 10:15 Documentation and Assessment
- 11:00 Universal Design, ADA, Accessibility and Adaptations
- 12:00 Lunch with Activity Demonstrations
- 1:00 Safety
- 1:30 Propagation
- 2:30 Break
- 2:45 Basic Plant Care Techniques
- 3:30 Indoor Gardening Activities
- 4:30 Questions/Evaluations/Wrap-up
- 5:00 Adjourn

Day 2:

- 7:30 Registration
- 8:00 Horticultural Therapy/Holistic Healing
- 8:45 Developing the Proposal
- 9:15 Floral Design Demonstration & Activities
- 10:15 Break
- 10:30 Adaptive Activities
- 11:15 Bringing Plants and People Together
- 11:40 Questions/Evaluations/Wrap-up
- 12:00 Door Prizes, Adjourn



To register, return this form with your payment to:

Memphis Botanic Garden

ATTN: Laurie Williams

750 Cherry Road, Memphis, TN 38117

Or register by phone: 901-636-4128

_____ **\$100 Both Days (Includes lunch Thursday)**

_____ **\$70 Day 1 Only**

_____ **\$45 Day 2 Only**

_____ **\$15 CEU Credit through TN Tech University**

Please indicate payment type:

_____ **Check** payable to Memphis Botanic Garden (Ck#) _____

-or-

MC/Visa # _____

Exp. _____ **CVV or security code from back of card:** _____

Signature (Credit Card only) _____

Name: _____
(as you wish it to appear on your name tag)

Organization: _____

(Below information REQUIRED for credit card payment)

Address: _____

City: _____ **ST:** _____ **Zip:** _____

Phone: _____

Email: _____

May we send you updates on Garden events & programs? **Yes** **No**

Please indicate lunch selection:

Eco-lunch selections by Fratelli's Café at the Garden

- #1 Roma Club:** Oven roasted turkey breast, tomato, hardwood smoked bacon, fresh avocado with cilantro-lime spread on Italian focaccia bread.
- #2 Chicken Salad:** Homemade chicken salad on fresh-baked croissant.
- #3 Black Forest:** Black Forest ham, Swiss, lettuce, and tomato on marble rye bread with mayonnaise and Dijon mustard on the side.
- #4 Vegetarian:** Fresh milk mozzarella, tomato and fresh basil with a balsamic vinaigrette.
with **Pasta** or **Potato Chips**
cookie and fruit.

If you have dietary restrictions, please call Laurie Williams at 901-636-4128 or email laurie.williams@memphistn.gov. (Please include HORTICULTURAL THERAPY WORKSHOP in the email subject line.)